

In Any
EMERGENCY
Call
911

The North Reading Community Crisis & Resource Guide was revised in 2019. An electronic version is available on line on the Community Impact Team website at www.northreadingma.gov/cit.



Your Guide to Social Services in North Reading

An electronic version of the guide is located on the CIT website at www.northreadingma.gov/cit

HELPLINES

IN ANY EMERGENCY CALL 911

ABUSE

Animal Abuse

North Reading Animal Police Control (978) 664-3807
MSPCA (800) 628-5808

Child Abuse

National Child Abuse Hotline (800) 422-4453
Massachusetts Child Abuse Hotline (800) 792-5200

Domestic Violence

The SafeLink: Casa Myrna (877) 785-2020
Gay Men's Domestic Violence (800) 832-1901
HAWC 24 Hour Hotline (800) 547-1649

Elder Abuse

Elder Abuse Hotline (After 5pm) (800) 922-2275
MVES Protective Services (Before 5PM) (781) 324-7705

Sexual Abuse

Y of Greater Lawrence Assault/Rape (877) 509-9922
Rape, Abuse, Incest National Network (800) 656-4673
North Shore Rape Crisis Center (800) 922-8772
Center for Hope & Healing of Lowell (800) 542-5212

Substance Abuse

Treatment Facility Locator (800) 662-4357
Mass. Information & Education (800) 327-5050
The Parents Toll-Free Helpline (855) 378-4373
Alcoholics Anonymous (617) 426-9444
Massachusetts Substance Abuse (800) 327-5050
Mental Health/Crisis Intervention (800) 988-1111
Narcotics Anonymous (866) 624-3578
Substance Abuse (800) 327-5050
Learn to Cope, Taunton (508) 738-5148

Helplines continue on next page

Helplines continued from previous page

CHILDREN & FAMILY SERVICES

Baby Safe Haven	(866) 814-7233
Massachusetts Child Abuse Hotline	(800) 792-5200
Mass. Dept. of Youth Services	(617) 727-7575
National Runaway Safeline	(800) 786-2929
Parental Stress Line	(800) 632-8188
Alzheimer's Association	(800) 272-3900
Girls & Boys National Help Hotline	(800) 448-3000
Planned Parenthood	(800) 230-7526
Mass. Alliance on Teen Pregnancy	(617) 482-9122

FOOD

FoodSource Hotline	(800) 645-8333
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HOUSING ASSISTANCE

Mass. Coalition for the Homeless	(781) 595-7570
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LGBTQ

LGBTQ Helpline	(888) 340-4528
Greater Boston PFLAG	(781) 891-5966

SUICIDE PREVENTION

National Suicide Prevention Lifeline	(800) 273-8255
Massachusetts Samaritan	(877) 870-4673
Samaritan 24-hour Helpline	(617) 247-0220
Samariteen Crisis Hotline	(800) 252-8336

VETERANS

Crisis Hotline (Press 1)	(800) 273-8255
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ABUSE

Animal Abuse

North Reading Animal Police Control
(978) 664-3807 www.nrpd.org

Massachusetts Society for the Prevention of Cruelty to
Animals (MSPCA)
350 South Huntington Avenue
Boston, MA 02130
(800) 628-5808 www.mspca.org

MSPCA-Emergency Clinic
400 Broadway
Methuen, MA 01844
(978) 687-7453 www.mspca.org

Child Abuse

National Child Abuse Hotline (800) 422-4453
Massachusetts Child Abuse Hotline (800) 792-5200

Domestic Violence

HAWC (Healing Abuse Working for Change)
27 Congress Street
Suite # 204
Salem, MA 01970 (978) 744-8552, Hotline (800) 547-1649
Provides Domestic Abuse and Violence Abuse Family Services

Beverly Domestic Violence Unit
Herrick Street
Beverly, MA 01915
(978) 922-1155

Elder Abuse

Protective Services (Mystic Valley Elder Services)
(781) 324-7705 www.mves.org

Sexual Abuse

YWCA of Greater Lawrence Sexual Assault & Rape Crisis
24-Hour Hotline: (877) 509-9922

Substance Abuse

See page 20

BOARD OF HEALTH

Hoarding Issues, Sanitation, Tenant/Landlord Complaints,
no heat, no water, etc.

North Reading Health Department
235 North Street
North Reading, MA 01864
Health Agent (978) 357-5242
Email: rbracey@northreadingma.gov

CHILDREN, YOUTH & FAMILY SERVICES

Local

North Reading Youth Services
235 North Street
North Reading, MA 01864
(978) 357-5281
Email: jford@northreadingma.gov
Contact Person: Jennifer Ford, Director

North Reading Parks & Recreation
235 North Street
North Reading, MA 01864
(978) 357-5216

North Reading Public Schools: See page 17

YMCA - Burbank Branch in Reading
36 Arthur B. Lord Drive
Reading, MA 01867
(781) 944-9622
Email: jfusco@ymcaboston.com
Contact Person: John Fusco
www.ymcaboston.org/burbank

North Reading Food Pantry
Christian Community Services –
North Reading Town Hall
North Reading, MA 01864
(978) 276-0040

Regional

Child Care Circuit
190 Hampshire Street
Lawrence, MA 01840
(978) 686-4288
www.childcarecircuit.org

State

Baby Safe Haven
The Safe Haven Act of Massachusetts (2004) allows a parent to legally surrender newborn infants 7 days old, or younger, at a hospital, police station, or manned fire station without facing criminal prosecution.
(888) 510-2229

WIC (Women, Infants and Children)
Massachusetts Department of Public Health
250 Washington Street, 6th Floor
Boston, MA 02108-4619
(617) 624-6000 or (800) 942-1007

Department of Revenue
Child Support Enforcement Division
100 Trade Center, Suite 760
Woburn, MA 01801
(617) 887-6367

Department of Children and Families
DCF Child-at-Risk 24 hour Hotline
(800) 792-5200

Haverhill Area Office
3 Ferry Street
Bradford, MA 01835
(978) 469-8800

Lawrence Area Office
Everett Mills
280 Merrimack St. 2nd Floor
Lawrence, MA 01840
(978) 557-2500

Department of Youth Services
The juvenile justice system of the Commonwealth of
Massachusetts
33 Gregory Street
Middleton, MA 01949
(978) 716-1100

DISABILITY SERVICES

Eastern Middlesex Association of Retarded Citizens
(EMARC)
(781) 942-4888
www.theemarc.org

Mass Commission for the Blind
(800) 392-6450
www.mass.gov/mcb

Mass Commission for the Deaf
(800) 882-1155
www.mass.gov/mcdhh

Mass Rehabilitation Commission
(For people with disabilities)
(781) 324-7160
www.mass.gov/mrc

ELDER AFFAIRS

Local

North Reading Department of Elder Affairs
& O'Leary Senior Center
Third Meeting House, Building on the Common
157 Park Street
North Reading, MA 01864
(978) 664-5600

Mystic Valley Elder Services
300 Commercial Street
Malden, MA 02148
(781) 324-7705
www.mves.org

State

Executive Office of Elder Affairs
One Ashburn Place
Boston, MA 02108
(617) 727-7750
www.mass.gov/elders

1-800-AGE-INFO
One-Stop Shopping
(800-243-4636)
www.800ageinfo.com

EMPLOYMENT ASSISTANCE

Local

The Career Place
100 TradeCenter, Suite G100
Woburn, MA 01801 (781)
932-5500
www.careerplacejobs.com

The Career Center of Lowell
107 Merrimack Street
Lowell, MA 01852
(978) 458-2503
www.careercenteroflowell.org

Haverhill Opportunity Works

671 Kenoza Street
Haverhill, MA 01830
(978) 241-4730
www.valleyworks.cc

Horizon House Transitional employment training for
mental health population
78 Water Street
Wakefield, MA 01880
(781) 245-4272

American Training, Inc.
Work with individuals with developmental disabilities
102 Glenn Street
Lawrence, MA 01843
(978) 685-2151

State

Mass Resources

Employment and Job Training Programs

<https://www.mass.gov/employment-and-training-resources-for-dta-clients>

Department of Labor and Workforce Development Provides assistance with Unemployment Insurance, Job Services, Labor Standards, Workers' Compensation, Labor Relations and Labor Market Information www.mass.gov/lwd

FINANCIAL ASSISTANCE

Local

North Reading Food Pantry/Christian Community Services

North Reading Town Hall

North Reading, MA 01864

(978) 276-0040

Mystic Valley Elder Independence Fund (ages 60+)

300 Commercial Street

Malden, MA 02148

(781) 324-7705

www.mves.org

North Reading Veterans Services

235 North Street

North Reading, MA 01864

(978) 357-5212 Email: nrvets@northreadingma.gov

Contact Person: Susan Magner, Director

State

The Dept. of Transitional Assistance (Emergency Assistance)

Malden (781) 388-7300

www.mass.gov/eohhs/gov/departments/dta

The Salvation Army (617) 542-5420 or (800) 728-7825

Social Security

(866) 596-8598

(800) 772-1213 (National) www.socialsecurity.gov

FOOD

LOCAL

Food Pantries

North Reading Food Pantry - Christian Community Services
North Reading Town Hall
North Reading, MA 01864
(978) 276-0040

International Family Church Food Pantry
99 Concord Street
North Reading, MA 01864 (978) 276-6400
www.intlfamilychurch.com The food pantry is open for residents of North Reading on the third Saturday of the month from 10:00 am to 12:00 pm

Hot Meals

Mystic Valley Elder Services
300 Commercial Street
Malden, MA 02148
(781) 324-7705
www.mves.org

Elder Services

Third Meeting House, Building on the Common
157 Park Street
North Reading, MA 01864
(978) 664-5600
Email: mprenney@northreadingma.gov
Contact Person: Mary Prenney, Director

Bread & Roses

58 Newbury Street
Lawrence, MA 01840
(978) 681-8768

Cor Unum Meal Center

191 Salem Street
Lawrence, MA 01843
(978) 688-8900
Email: counummealcenter@comcast.net
www.corunummealcenter.org

My Brother's Table

98 Willow Street
Lynn, Massachusetts 01901
(781) 595-3224
www.mybrotherstable.org

State

FoodSource Hotline (800) 645-8333 www.projectbread.org
Food Stamps (SNAP) Hotline (866) 950-3663
www.mass.gov/snap
Mystic Valley Elder Services
300 Commercial Street
Malden, MA 02148
(781) 324-7705
www.mves.org

FUEL ASSISTANCE

Local

Reading Municipal Light Department
(781) 944-1342
www.rmlid.com
Greater Lawrence Community Action Council
(Fuel Assistance)
(978) 681-4900
www.glcac.org

State

Citizens Energy Oil Heat Program (Joe Kennedy)
(877) 563-4645
www.citizensenergy.com
Good Neighbor Energy Fund/Salvation Army
(617) 542-5420 (Service Extension Dept.)
www.salvationarmyma.org
Department of Housing and Economic Development
Low Income Home Energy Assistance Program (LIHEAP),
known commonly as Fuel Assistance.
www.mass.gov/hed/community/energy/low-income-home-energy-assistance-liheap.html
HEATLINE at (800) 632-8175
www.acf.hhs.gov/programs/ocs/programs/liheap

HEALTH / WELLNESS

Mass Commission for the Blind (800) 392-6450
Mass Commission for the Deaf (800) 882-1155
Mass Rehabilitation Commission
(For persons with disabilities) (781) 324-7160
www.mass.gov/mrc

Local

24 Hour Pharmacy
CVS – Andover (978) 470-0542

www.northreadingma.gov/cit

Communitas (formerly EMARC)
60-D Audubon Road
Wakefield, MA 01880
(781) 587-2200

Board of Health
235 North Street
North Reading, MA 01864
Health Agent (978) 664-6042

Commission on Disabilities – North Reading
<https://www.northreadingma.gov/commission-disabilities>

The Masons – (Free) Durable Medical Equipment Loan
Program-SMD HELP
(781) 322-1052
Email: GABemiss@aol.com

YMCA - Burbank Branch in Reading
36 Arthur B. Lord Drive
Reading, MA 01867
(781) 944-9622
Email: jfusco@ymcaboston.com
Contact Person: John Fusco
www.ymcaboston.org/burbank

North Reading Elder Affairs O'Leary Senior Center
Third Meeting House, Building on the Common
157 Park Street
North Reading, MA 01864
(978) 664-5600
Email: mprenney@northreadingma.gov
Contact Person: Mary Prenney, Director

Mystic Valley Elder Services
300 Commercial Street
Malden, MA 02148
(781) 324-7705
www.mves.org

Sanborn - Place, Home Care & Day Services
Housing and Support Services
50 Baystate Road
Reading, MA 01867
(781) 944-6262
Email: info@sanbornphc.org
www.sanbornphc.org

Health Quarters
Confidential reproductive health care, prevention, and
education services for women, men, and teens in
Northeastern Massachusetts
Beverly: (978) 705-4039
Haverhill: (978) 228-2291
Lawrence: (978) 705-6637
Lynn: (781) 593-1115
www.healthq.org

HEALTH INSURANCE

Local

North Reading Department of Elder Affairs & O'Leary Senior
Center - SHINE Program
(Serving Health Insurance Needs of Elders)
Third Meeting House, Building on the Common
157 Park Street
North Reading, MA 01864
(978) 664-5600
Email: mprenney@northreadingma.gov
Contact Person: Mary Prenney, Director

North Reading Veterans Services
235 North Street
North Reading, MA 01864
(978) 357-5212 Email: nrvets@northreadingma.gov
Contact Person: Susan Magner, Director

Mass Health

Mass Health pays for health care for certain
low and medium-income people living in Massachusetts.
(800) 841-2900
www.mass.gov/eohhs/gov/departments/masshealth

Medicare & Medicaid Services

(800) 633-4227
www.medicare.gov

HOSPITALS & EMERGENCY ROOMS

Hospitals providing emergency room services 24/7

Hallmark Health Medical Center
30 Newcrossing Road
Reading, MA 01867
(781) 213-5170

Lahey Clinic Medical Center
41 Burlington Mall Road
Burlington, MA 01805
(781) 744-5100

Lawrence Memorial Hospital
170 Governors Avenue
Medford, MA 02155
(781) 306-6000

Lawrence General Hospital
1 General Street
Lawrence, MA 01840
(978) 683-4000

Melrose-Wakefield Hospital
585 Lebanon Street
Melrose, MA, 02176
(781) 979-3000

Winchester Hospital
41 Highland Avenue
Winchester, MA 01890
(781) 729-9000

Facilities providing Walk In & Urgent Care

NO EMERGENCY SERVICES

Winchester Hospital; Family Medical Center
500 Salem Street
Wilmington, MA 01887 (978) 988-6000
www.winchesterhospital.org
Hours of Operation: (Mon. - Sun.) 7:30 am – 8 pm

Concentra
66B Concord Street
Wilmington, MA 01887 (978) 657-3826
www.concentra.com
Hours of Operation: (Mon. - Fri.) 8 am – 5 pm

www.northreadingma.gov/cit

HOUSING ASSISTANCE

Local

North Reading Health Department
Hoarding Issues, Sanitation, Tenant/Landlord Complaints, no heat, no water, etc.
235 North Street
North Reading, MA 01864 (978) 357-5242
Email: rbracey@northreadingma.gov

North Reading Housing Authority Senior Housing Peabody Court, North Reading, MA 01864
(978) 664-2982 Office hours Monday through Friday from 9:00 a.m. to 1:00 p.m. Includes Section 8 Housing.

Mission of Deeds (in Reading) Furniture, Etc.
(781) 944-9797 www.missionofdeeds.org

North Reading Youth Services
235 North Street
North Reading, MA 01864
(978) 357-5281
Email: jford@northreadingma.gov
Contact Person: Jennifer Ford, Director

North Reading Elder Services & O'Leary Senior Center
Third Meeting House, Building on the Common
157 Park Street
North Reading, MA 01864
(978) 664-5600
Email: mprenney@northreadingma.gov
Contact Person: Mary Prenney, Director

North Reading Veterans
235 North Street
North Reading, MA 01864
(978) 357-5212 Email: nrvets@northreadingma.gov
Contact Person: Susan Magner, Director

State

Massachusetts Department of Transitional Assistance (DTA)
200 Pleasant Street
Malden, MA 02148 (781) 388-7300.
If you need shelter and are pregnant or have a child under 21

Tri-CAP (Tri-City Community Action Program)
(781) 322-4125 <http://www.shelterlistings.org/details/36603/>

Kaszanek House Transitional House: (781) 321-1773
22 Charles Street
Malden, MA 02148

Washington Street Residence: (781) 321-1159
115 Washington Street
Malden, MA 02148

Mass. Coalition for Homeless: (781) 595-7570
23 Buffum Street
Lynn MA 01902

LEGAL ASSISTANCE

Middlesex County District Attorney (781) 897-8300
<http://www.middlesexda.com>

Office of Attorney General (617) 727-2200
www.mass.gov/ago

Greater Boston Legal Services (ages 60+)
(617) 371-1234 www.gbls.org

GLAD (Gay and Lesbian Advocates and Defenders)
30 Winter Street, Suite 800
Boston, MA 02108
(617) 426 1350 www.glad.org

LGBTQ

Local

North Reading Youth Services
235 North Street
North Reading, MA 01864
(978) 357-5281
Email: jford@northreadingma.gov
Contact Person: Jennifer Ford, Director

North Reading Elder Affairs
Third Meeting House, Building on the Common
157 Park Street
North Reading, MA 01864
(978) 664-5600
Email: mprenney@northreadingma.gov
Contact Person: Mary Prenney, Director

Mystic Valley Elder Services
300 Commercial Street
Malden, MA 02148
(781) 324-7705
www.mves.org

AIDS Action Committee (AAC) of Massachusetts
75 Armory Street
Boston, MA 02119
(617) 437-6200 www.aac.org
HIV prevention programs, health & wellness services, and
other programs.

Fenway Health
Medical care and services for LGBTQ population
1340 Boylston Street
Boston, MA 02215
(617) 267-0900

LGBT Aging Project (ELDERS)
(857) 313-6590 www.lgbtagingproject.org

Old & Bold Coalition North Shore Elder Services
(978) 750-4540 x220 (GLBT and Aging)

GLAD (Gay and Lesbian Advocates and Defenders)
30 Winter Street, Suite 800,
Boston, MA 02108
(617) 426 1350
Email: gladlaw@glad.org

Greater Boston PFLAG (Parents, Families, and Friends of
Lesbians and Gays)
85 River Street, Suite 3A
P.O. Box 541619
Waltham, MA, 02454
(781) 891 5966
Email: info@gbpflag.org
www.gbpflag.org

MENTAL HEALTH

Local

North Reading Youth Services
235 North Street
North Reading, MA 01864
(978) 357-5281
Email: jford@northreadingma.gov
Contact Person: Jennifer Ford, Director

North Reading Mental Health/Substance Abuse Clinician
Laura Miranda
(978) 357-5038 Email: Imiranda@nrpd.org

North Reading Department of Elder Affairs
Third Meeting House, Building on the Common
157 Park Street
North Reading, MA 01864
(978) 664-5600
Email: mprenney@northreadingma.gov
Contact Person: Mary Prenney, Director

Eliot Community Human Services
(800) 988-1111
www.eliotchs.org
Psychiatric Emergency Treatment 24 hours a day,
7 days a week

Communitas (formerly EMARC)
60-D Audubon Road
Wakefield, MA 01880
(781) 587-2200

NORTH READING PUBLIC SCHOOLS See page 17

Local Therapists (that accept MassHealth):

Geriatric/Elder Psychiatry and Counseling
Lawrence Memorial Hospital
Medical-Psychiatric Program
170 Governors Avenue
Medford, MA 02155
(781) 306-6155
www.hallmarkhealth.org

NSMC Union Hospital
500 Lynnfield Street
Lynn, MA 01940
(781) 581-9200
www.nsmc.partners.org/home

To find a local therapist who accepts MassHealth, you should use these on line resources. www.masspartnership.com

State

Boston Medical Center (BMC) HealthNet Plan
www.bmchp.org/utility-nav/find-a-provider

Fallon Community Health Plan (FCHP)
www.fchp.org/FindPhysician/Search.aspx

Dept. of Mental Health
365 East Street
Tewksbury, MA 01876-0387
(978) 851-7321 TTY: (978) 640-1193
<http://www.mass.gov/eohhs/gov/departments/dmh/>

Department of Developmental Disabilities - Metro North
27 Water Street
Wakefield, MA 01880
Intake Referral Number: (781)-338-2300

Substance Abuse and Mental Health Services
Administration (SAMHSA) (877) 726-4727

Eating Disorders

North Reading Youth Services
235 North Street
North Reading, MA 01864
(978) 357-5281
Email: jford@northreadingma.gov
Contact Person: Jennifer Ford, Director

Walden Behavioral Care
9 Hope Avenue #500
Waltham, MA 02453
(781) 647-6700
www.waldenbehavioralcare.com

The Klarman Eating Disorders Center at McLean
Hospital
115 Mill Street
Belmont, MA 02478
(617) 855-3410
www.mclean.harvard.edu/patient/child/edc.php
Residential Program only. Does not offer outpatient
services. Program for females ages 16-26.

Cambridge Eating Disorder Center
3 Bow Street
Cambridge, MA 02138 (888)
900-2332
www.eatingdisordercenter.org/
Offer Intensive Outpatient Program that meets 5 nights
a week Monday-Friday and participants need to attend a
minimum of 3 out of the 5 nights.

Eating Disorder Center of Andover, LLC
68 Main Street, #5
Andover, MA 01810
(978) 474-1777

NORTH READING PUBLIC SCHOOLS

Superintendent of Schools
Sherman Road
(978) 664-7810

Superintendent: Jon Bernard

E. Ethel Little Elementary School
7 Barberrry Road
(978) 664-7820

Principal: Christine Molle, cmolle@nrpsk12.org
School Psychologist: Joline Pepper, x:403,
jpepper@nrpsk12.org

J. Turner Hood Elementary School
298 Haverhill Street
(978) 664-7816

Principal: Glen McKay, x: 2024, gmckay@nrpsk12.org
School Psychologist: Dr. Jaclyn Mansfield
jmansfield@nrpsk12.org

L.D. Batchelder Elementary School
175 Park Street
(978) 664-7814
Principal: Sean Killeen, skilleen@nrpsk12.org
School Psychologist: Tabitha Heidorn, X: 4,
theidorn@nrpsk12.org

North Reading Middle School
189 Park Street
(978) 664-7806
Principal: Catherine O'Connell, coconnell@nrpsk12.org
School Psychologist: Rebecca Skobe, rskobe@nrpsk12.org
School Psychologist: Carly Capuano, x: 5277
ccapuano@nrpsk12.org
School Psychologist: Justin Mattison
jmattison@nrpsk12.org
School Resource Officer, Detective Paul Lucci

North Reading High School
189 Park Street
(978) 664-7800
Principal: Anthony Loprete, x: 5280, aloprete@nrpsk12.org
School Psychologist: Brittany Cabral
bcabral@nrpsk12.org
Guidance Secretary: Anne Chambers, X: 5284,
achambers@nrpsk12.org
Contact Mrs. Chambers to find out which guidance counselor
your child is assigned to.
School Resource Officer, Detective Paul Lucci

PUBLIC SAFETY

(Police & Fire Departments NON-EMERGENCY)

North Reading Police Department
www.nrpdpd.org/SitePages/NRPDHome.aspx

 facebook.com/NorthReadingPD

 twitter.com/NorthReadingPD

Chief of Police: Michael P. Murphy
(978) 357-5052 Email: mmurphy@nrpd.org

Patrol Division: Lieutenant Mark Zimmerman
(978) 357-5031 Email: mzimmerman@nrpd.org

Detectives Lieutenant: Thomas Rome
(978) 357-5043 Email: tromeo@nrpd.org

Safety Officer: Officer Sean O'Leary
(978) 357-5068 Email: soleary@nrpd.org

Sex Offender Registry/Special Needs Alert/Silver Alters:
Sergeant Derek Howe
(978) 357-5064 Email: dhowe@nrpd.org

North Reading Fire Department

Fire Chief: Don Stats (978) 357-5100
Email: dstats@northreadingma.gov

Deputy Chief of Fire: Barry Galvin (978) 357-5102
Email: bgalvin@northreadingma.gov
Monday-Thursday 7:30 am-5:30pm

SUBSTANCE ABUSE

Refer to www.northreadingcit.com for a full substance abuse resource guide.

Local

Elder Affairs
Third Meeting House, Building on the Common
157 Park Street
North Reading, MA
01864 (978) 664-5600
Email: mprenney@northreadingma.gov
Contact Person: Mary Prenney, Director

Veterans Services
235 North Street
North Reading, MA 01864
(978) 357-5212 Email: nrvets@northreadingma.gov
Contact Person: Susan Magner, Director

North Reading Police Department:
Detective Thomas Hatch: (978) 357-5067

North Reading Mental Health/Substance Abuse Clinician
Laura Miranda
(978) 357-5038 Email: lmiranda@nrpd.org

North Reading Youth Services:
235 North Street
North Reading, MA
01864 (978) 357-5281
Email: jford@northreadingma.gov
Contact Person: Jennifer Ford, Director

NOTE: Narcan Nasal Spray is indicated for the emergency treatment of known or suspected opioid overdose. Narcan is available in North Reading at the following locations:

CVS 22 Main St. 978-664-4621

Walgreens 158 MainSt. 978-276-1380

Additional information can be found at
<http://www.drugs.com/pro/narcan.html>

Regional

Overdose Prevention & Education Network
(617) 665-3872

Al-Anon
St. Athanasius Church
300 Haverhill Street
Reading, MA.
01867 (781) 942
9312

Discussion meetings are held every Wednesday night from 7:30 to 8:45 p.m. in the church basement
Al-Anon is for friends & family and anonymity is the spiritual foundation of our program. Meetings are free, please contact Al-Anon Family Groups of MA (508) 366-0556 or Email: ldcofma@aol.com

Learn to Cope is a support group for parents and family members dealing with a loved one addicted to heroin, Oxycontin and other drugs. Meetings are held in Lowell and Salem Monday-Thursday.

www.learn2cope.org

Email: learntocope2001@yahoo.com

(508) 738-5148

Overdose Prevention & Education Network

Site offers information for Users, Family & Friends, Service

Providers and Others. For information on signs of overdose and responding to overdose. If you would like to talk to

someone about Overdose Prevention call: (617) 665-3872

www.odprevention.org

Regional Center for Poison Control & Prevention
Serving Massachusetts & Rhode Island.

Information and hotline about inhalants & other poisons. (800) 222-1222 (toll-free 24 hours)

(TTY) (888) 244-5313

www.maripoisoncenter.com

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Toll-Free Treatment Referral Helpline

(800) 662-4357

VETERANS SERVICES

North Reading Veterans Services

235 North Street

North Reading, MA 01864

(978) 357-5212 Email: nrvets@northreadingma.gov

Contact Person: Susan Magner, Director

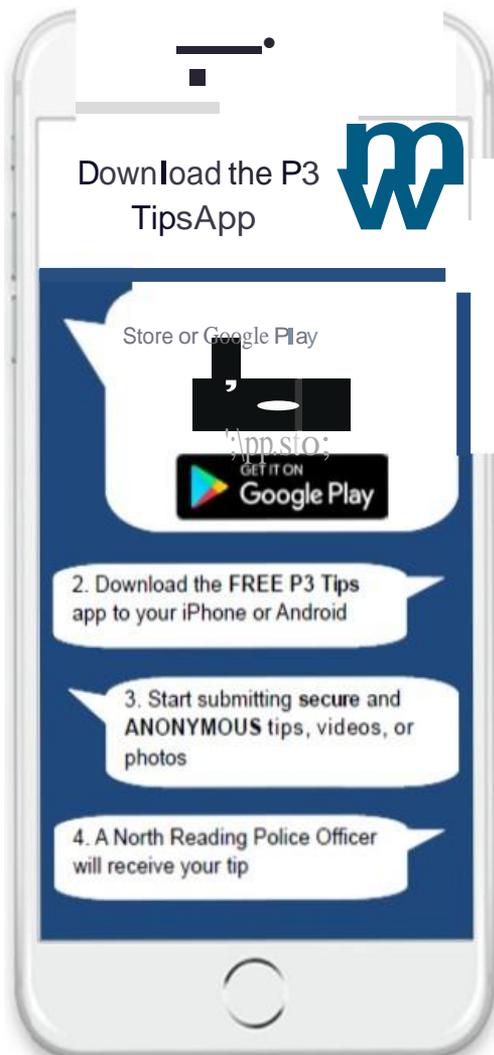
Serving the disabled, homeless, elderly, veterans, unemployed, court involved individuals

Services Provided: financial assistance, food nutrition, assistance with government forms, housing assistance, substance abuse assistance, assistance with family issues, fuel assistance, health/wellness assistance, employment assistance, veterans services, locating available resources, VA compensation/pension

Mass. Dept. Veterans Services (617) 210-5480
www.mass.gov/veterans

Mass Vets Advisor www.MassVetsAdvisor.org Benefitting veterans and their families. An easy to use website for benefits and services you are eligible for and deserve.

Crisis Hotline (800) 273-8255 (Press 1)



If you see something, say something.

Help law enforcement solve and prevent crime in North Reading. You can now

4 ways:

1. Download the free P3 Tips app
2. Call our hotline at (978)357-5151
3. Submit a tip at www.nrp.org and click "Submit a Tip"
4. Submit a tip through the NRPS app. Click on "Anonymous Tip"



In an emergency, always dial 911
Tip lines are available 24/7

NOTES



Our Mission

The North Reading Community Impact Team (CIT) is a collaborative partnership between community resources that emphasizes the use of innovative, non-traditional methods to identify factors that have a negative impact on the quality of life for all and to implement solutions that solve the underlying problems.

This guide was produced by the Social Services Action Team.

The Social Services Action Team was created in 2012 as part of the CIT. The initial focus was to produce a Crisis and Resource Guide for the needs of North Reading residents. As an on-going task the Guide is revised periodically to ensure that the links and phone numbers are still accurate. Since that time, we have sought to address quality of life issues that affect all North Reading residents through education, awareness, and advocacy.

www.northreadingma.gov/cit

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